

Standards Chart	# of Players	Ball Size	Length of Game	Field Size (Length x Width)	Goal Size (Feet)	Goal Keeper	Offside
U-6 to U-8	4v4	3	4x10 min	25-35x15-25	4x6	No	No
U-9 to U-10	7v7	4	2x25 min	55-65x35-45	6.5x18.5	Yes	Yes
U-11 to U-12	9v9	4	2x30 min	70-80x45-55	7x21	Yes	Yes
U-13 and older	11v11	5	Check Local Rules	Check Local Rules	Check Local Rules	Yes	Yes

REFEREE SIGNALS

ASSISTANT REFEREE SIGNALS

MISCONDUCT



INDIRECT FREE KICK



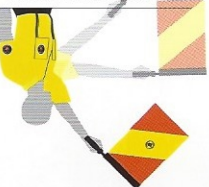
OFFSIDE



THROW IN



OFFSIDE LOCATION



GOAL KICK



SUBSTITUTION



FOUL



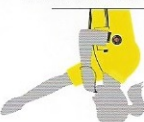
CORNER KICK



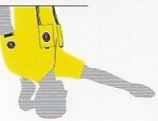
CORNER KICK



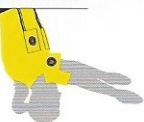
DIRECT FREE KICK



ADVANTAGE 1-ARM



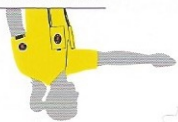
ADVANTAGE 2-ARMS



THROW IN



GOAL KICK



POCKET GUIDE

U.S. SOCCER FEDERATION
REFEREE PROGRAM

USSOCCER.COM

1801 S. PRAIRIE AVE. CHICAGO, IL 60616



BEFORE THE GAME

PRE-GAME

Items for your referee bag

- Uniform(s) - All Colors
- Shorts
- Socks
- Shoes
- Whistle (bring extra)
- Yellow Card & Red Card (bring extra)
- Watch (bring extra)
- Referee notebook and pen/pencil
- Coin
- Water
- Snack
- Towel
- Sunscreen

Remember to place your bag in a safe and visible location (usually at midfield between the team benches)

DURING THE GAME

Enforce the Laws of the Game

- Modify for age (see local rules of competition)
- Show confidence in your decisions
- Use crisp and clear hand signals
- Player safety first, STOP the game when a player is seriously injured
- Have medical personnel assess injured players
- Do not touch injured players
- Do your best to keep other players from touching the injured players

U.S. Soccer Concussion Initiative

- No heading for players under the age of 11
- Restart is an Indirect Free Kick to the opposing team from the spot of the header
- If restart is in goal area, the restart is on the goal area line parallel to the goal line from spot of header

AFTER THE GAME

- Monitor the teams while leaving the field
- Retrieve and return the game ball
- Return player passes to each team
- Have team manager/coach sign game report (see local rules of competition)
- Verify all game data (score, misconduct, substitutions)
- Complete game report in a timely manner (see local rules of competition)
- Complete incident report if needed (see local rules of competition)
- Take notes on your game and do a self-assessment